The Holy Martyr
EUPLUS THE DEACON

August 11

Apolytikion

Fourth Mode
"Be quick to anticipate"

Thy Martyr, O Lord, in his courageous contest for Thee received as the prize the crown of incorruption and life from Thee, our immortal God. For since he possessed Thy strength, he cast down the tyrants and wholly destroyed the
For to sing the Psalms demands such concentration

of a man's whole being on them that, in doing it, his usual
disharmony of mind and corresponding bodily confusion is resolved,
just as the notes of several flutes are brought by harmony to one effect; and he
is thus no longer to be found thinking good and doing evil, ...so he who sings well
puts his soul in tune, correcting by degrees its faulty rhythm so that at last, being truly
natural and integrated, it has fear of nothing, but in peaceful freedom from all vain
imaginings may apply itself with greater longing to the good things to come.

For a soul rightly ordered by chanting the sacred words forgets its own
afflictions and contemplates with joy the things of Christ alone.

- St. Athanasios the Great